



FeedMi



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Christian Academy Kindergarten Menu January 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Wk 1			Small chicken and veg wraps Sweet baby carrots Fresh Fresh fruit -apple Juice	Chicken Pops Small salad Cheese wedge Salt biscuits	Small Pizza X2 Juice Fresh fruit Banana Candied fruit
Wk 2	Chicken strips & potato wedges Fresh Fruit- Apple Candied fruit Juice	Toasted Chicken Mayo sandwiches Fresh fruit - Banana Juice	Meatballs with tomato sauce (homemade) Bread roll Fresh Fruit - banana Juice	Chicken Schnitzel French Fries Juice Fruit Cup	Mac & cheese Small salad with tomato Juice Biscuits
Wk 3	Hamburger with Bun Fries Fresh Fruit Grapes Juice	Beef and veg wraps Sweet baby carrots Fresh Fruit-Apple Juice	Tramezzini sandwiches with small salad Small salad Fruit Cup Juice	Small pancakes with sausages Hash Brown Fresh Fruit Juice	Hot Dog with French fries Hot dog bun Fruit Cup Juice
Wk 4	Chicken Nuggets Potato wedges Juice Fresh Fruit - pear	Meatballs with tomato sauce (homemade) Bread roll Fresh Fruit - banana Juice	Small Pizza X2 Juice Fresh fruit apple Candied fruit	Toasted Chicken Mayo sandwiches Fresh fruit - Banana Juice	Hamburger with bun Corn and peas Juice Fruit Cup